

Marine Immersion – August 2009

More information about what to bring (or not)

(supplement to SML's official packing list, available at

http://host31.spidergraphics.com/sml/doc/General_Packing_Instructions.pdf)

Books, notebooks: There is not a required textbook for this class (whew!). Various reference books are available on the island, and field guides are available for purchase in the Appledore Store if you want to have your own copy. There will be a variety of handouts and readings, and you will be provided with a 3-ring binder in which to organize and store them.

Please bring paper, a notebook, writing implements, and whatever other equipment you need to take notes – including outdoors! (A clipboard or hard-backed notebook can be very handy for this: field notebooks are available in the Appledore Store, or you can bring one with you.)

Please don't bring any extra trash or packaging...because we have to haul it all off the island again! Consider unwrapping or repackaging personal items to minimize what you throw away on the island: there really isn't any "away."

Computers: If you have a laptop, bring it. If you don't have one, you can use the computer lab on Appledore, which should not be crowded at this point in the summer. (If you are planning to get a new computer for the start of your college career anyway, this would be a great time to set it up and get used to using it.)

What to have in your daypack on board the boat on Monday, August 17: We will be heading straight out into the field as soon as we get to the island, to take advantage of the mid-afternoon low tide. Major luggage will be stowed below decks, and inaccessible during the trip. Please make sure you have in your daypack (or are wearing!):

windbreaker/rain gear, sweatshirt, hat, sunblock, sunglasses

snack, water bottle (if you use seasick meds such as non-drowsy Bonine, take an hour ahead of time)

FOOTWEAR: we will be climbing around rocky, slippery, wet areas that require rugged, closed-toed shoes that are either waterproof, or designed to get wet. Closed Texas or other water shoes are good; some of us prefer sturdy rubber boots with good treads. *Sandal-style Texas, crocs, or flip-flops are not okay for intertidal work*, though you might want them for classroom wear.

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Things that are nice, but not essential, to have on the island (ones marked * can be purchased in the Appledore Store):

- camera (with spare batteries)
- film*
- binoculars
- hand lens*
- flashlight
- formatted CDs/DVDs*
- USB (flash or thumb) drive
- calculator
- field guides, especially K.L. Gosner's *Field Guide to the Atlantic Seashore* (one of the Peterson's Field Guide series)*
- facemask and snorkel – if you have them; there are some spares on the island

A few things on the official SML list that you will probably **not** need during Marine Immersion:

- dissecting kit (if you have one you can bring it, but no need to get one)*
- mittens (though a pair of gloves might be useful on a cold, rainy day)
- 2 beach towels (one would be plenty!)
- sleeping bag
- wet suit, unless you want it for snorkeling (no diving allowed during this course)